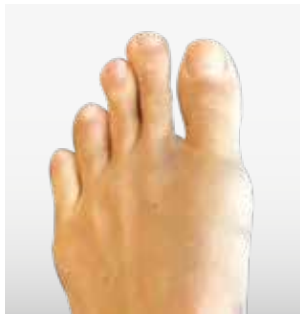
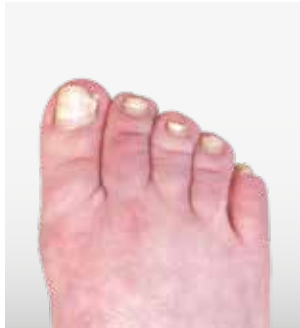
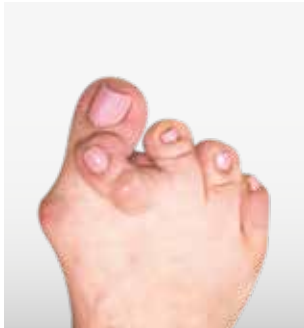


Before / After results.

Before Surgery

After Surgery



Ask your surgeon if you are a candidate for a Pecalasty® or Centrolock® Bunion Correction procedure today!

Use our Surgeon Locator to find the right doctor for you

Visit www.mifoot.life

Tell me about recovery.



First weeks

Immediate full weight bearing is possible immediately after surgery in athletic shoe wear or in a rigid flat orthopedic shoe, depending on your surgeon's recommendation.



Next 4 – 6 weeks

Transition to your own supportive shoe wear. You may begin stationary biking, walking for exercise, and elliptical.



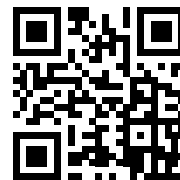
At 3 months

You may begin running and wearing heels, if desired.



At 4 – 6 months

Resume most activities & return to normal shoe wear.



Please scan for more patient information.

Contact us

miFoot™

Brought to you by **novastep®**

The Next Step in Bunion Treatment

Less Pain

Less Stiffness

Faster Recovery





Ditch lengthy recovery times and unsightly scars! Choose Pecaplasty® or Centrolock® Bunion Correction and take the next step in your recovery.

Correcting your bunion should not involve a long road to recovery or unpleasant scars left behind from surgery. A new advancement in bunion corrective surgery decreases the patient's recovery time and keeps their feet looking great.

What is a bunion?

Cause

There are many theories about why bunions develop, but the exact cause is unknown. Factors likely include inherited foot type, tight, or ill-fitting shoes, or a prior injury. Bunions might also be associated with certain types of arthritis, particularly inflammatory types, such as rheumatoid arthritis.

Symptoms

The main symptoms are bone deformity, pain, and stiffness. As bunions begin to form, one may notice a slight reddish coloration on the skin near the big toe joint.

Symptoms can progress and become more severe with a more prominent bump at the joint taking shape, which can also lead to the big toe deviating under the lesser toes.



What are my treatment options?



Non-surgical or conservative treatments

These treatments are designed to keep you more comfortable, but will not address the root cause.

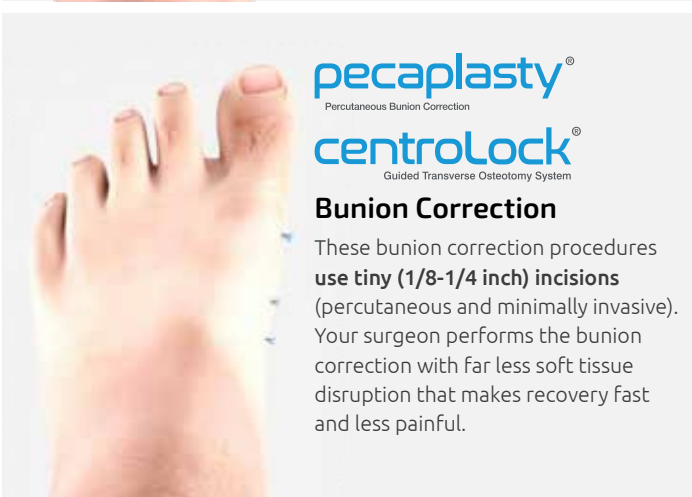
Conservative treatments include:

- Toe spacers
- Pads/Splints
- Inserts/Orthotics



Traditional open surgery

During a traditional open bunion surgery, the surgeon opens up your skin using **large 2 to 6 inch incisions** in order to access the bones, tendons and ligaments in your foot. This is associated with an increased risk of blood loss and prominent scarring.



pecaplasty®
Percutaneous Bunion Correction

centrolock®
Guided Transverse Osteotomy System

Bunion Correction

These bunion correction procedures use **tiny (1/8-1/4 inch) incisions** (percutaneous and minimally invasive). Your surgeon performs the bunion correction with far less soft tissue disruption that makes recovery fast and less painful.



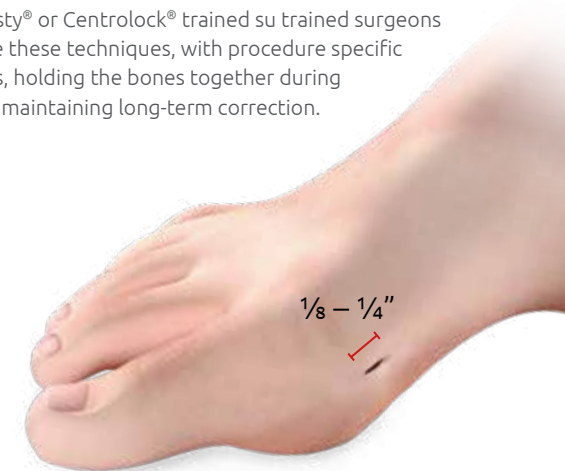
How do the Procedures Work?

The Pecaplasty® or Centrolock® Bunion Correction procedures avoid the great toe joint, so patients typically do not have as much stiffness as open techniques.

Surgeons are now able to manipulate the bones in your foot, and restore its natural alignment, through a minimally invasive approach.

The correction is made through several mini incisions, which reduces trauma to surrounding skin and soft tissues within the foot. **The result is less pain, less stiffness, and a faster recovery.**

Pecaplasty® or Centrolock® trained surgeons combine these techniques, with procedure specific implants, holding the bones together during healing, maintaining long-term correction.



Patients who undergo either a Pecaplasty® or Centrolock® Bunion Correction procedure, experience less pain compared to traditional open procedures.